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# FIRST YEAR CAMPER SCHEDULE

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**Please note;** CCB Staff do not sign off requirements as 'complete' in a participant's Scout Book. Rather, at the end of the week, your Unit will receive a list of all the requirements your Scouts attended at the First Year Camper program. This allows your Unit leadership to review the materials with your Scout to ensure the requirement is complete. If you have any questions, feel free to speak to our FYC Staff. If your Unit has adult leaders interested in assisting our program, it really helps the staff to have the additional help!

\*All Times and Programs are subject to change due to weather or updates from the National or Council Advancement Committees\*

## **Monday AM**

Teach and explain practical uses of the following knots.

1. Square knot, 2 half-hitch, and taut-line hitch,
2. Sheet bend, and bowline
3. Explain EDGE Method and use it to teach another scout the square knot

## **Monday PM**

1. Discuss when you should and should not use lashings
2. Demonstrate tying the Timber Hitch and Clove Hitch
3. Demonstrate tying the Square, Diagonal, and Shear Lashings
4. Identify two ways to obtain weather forecasts
5. Describe three natural indicators of hazardous weather, potential dangers, and appropriate responses
6. Describe extreme weather conditions that could occur in your area and how to respond.

## **Tuesday AM & PM**

1. 5 mile hike over both periods and Lunch
  - a. Please inform the First Year Camper staff of any dietary restrictions so lunch accommodations can be prepared
  - b. Scouts must have a water bottle before leaving for the Hike
  - c. Please arrive by 10:10AM to be included on the hike
  - d. We will return before the end of the afternoon session.
2. Identify or show evidence of 10 different wild animals
3. Identify or show evidence of 10 different wild plants

## **Wednesday AM**

1. Safe hiking rules
  - a. Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood.
  - b. Describe what to do if you become lost on a hike or campout.
  - c. Explain the rules of safe hiking, both on the highway and cross country, during the day and at night.
2. Show first aid for the following:
  - a. 1. Simple cuts and scrapes;
  2. Blisters on the hand and foot;
  3. Minor (thermal/heat) burns or scalds (superficial, or first-degree);
  4. Bites or stings of insects and ticks;
  5. Venomous snakebite;
  6. Nosebleed;
  7. Frostbite and sunburn;
  8. Choking.
- b. Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite location. Tell how to treat exposure to them.
- c. Describe what you can do to reduce the occurrence of the injuries from 1a-b

*Schedule listed is based on 2025 Rank Requirements. All are subject to change in early 2026, so please refer to standalone documents to be provided in early 2026.*

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## **Wednesday PM**

1. Show first aid for, and how to prevent the following:
  1. Object in the eye;
  2. Bite of a warm-blooded animal;
  3. Puncture wounds from a splinter, nail, and fishhook;
  4. Serious Burns
  5. Heat exhaustion;
  6. Shock;
  7. Heatstroke,
  8. Dehydration,
  9. Hypothermia,
  10. Hyperventilation.
2. Show what to do for “hurry” cases of stopped breathing, stroke, severe bleeding, and ingested poisoning.
3. Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR)
4. TREAD: Travel responsibly, Respect the Rights of others, Educate yourself, Avoid sensitive areas, and Do your part

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## **Thursday AM**

1. Repeat from memory the Scout Oath, Law, Motto, and Slogan. Explain their meaning
2. Explain what Scout Spirit is
3. Demonstrate and explain the use of the Scout Sign, Salute, and Handshake
4. Symbolism in the First Class Scout Badge
5. Repeat from Memory the Outdoor Code, List the Principles of Leave No Trace, Explain the Differences between the two
6. Describe how Scouts in a troop Provide Leadership
7. Describe the Four Steps of Advancement
8. Describe what BSA ranks are, and how they are earned
9. Describe what merit badges are and how they are earned
10. Explain the patrol method

## **Thursday PM**

Scouts will meet at Aquatics

1. Tell what precautions must be taken for a safe swim
2. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects
3. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim
4. Tell what precautions must be taken for a safe trip afloat
5. Identify the basic parts of a boat and paddle or oar
6. Describe proper body positioning in a watercraft

## **Friday AM**

9:00-12:00 Make up Day

1. Scouts will be able to make up any of the requirements they missed, except for the 5- mile hike from Wednesday. A map of the route can be supplied to an adult leader.
2. Weather permitting, we should be able to make up any requirements missed at Aquatics, but it is encouraged the scouts attend the Thursday afternoon session.

## **Other Program**

Wednesday Evening Totin' Chip, Firem'n Chit, and smores at FYC